CULTURE, COMMUNITY, AND TB CARE

LEARNING OBJECTIVES
Upon completion of this session, participants will be able to:

1. Explain the impact of culture on tuberculosis care
2. Identify 5 ways that people might culturally identify themselves
3. List 3 resources to learn more about how to work effectively with patients from different cultures

INDEX OF MATERIALS

<table>
<thead>
<tr>
<th>INDEX OF MATERIALS</th>
<th>PAGES</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Culture, community, and TB care – slide outline</td>
<td>1-23</td>
</tr>
<tr>
<td>Presented by: Kay Wallis, MPH</td>
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</tr>
</tbody>
</table>

SUPPLEMENTAL MATERIALS

1. Resources for TB Care Across Cultures
Culture, Community, and TB Care

Kay Wallis, MPH
Special Projects Manager
Curry International TB Center

“I will remember that there is art to medicine as well as science, and that warmth, sympathy, and understanding may outweigh the surgeon’s knife or the chemist’s drug.”

Hippocratic Oath
During our 60 minutes…

Culture and its powerful impact on TB care

Many ways people can culturally identify themselves

Photos by Rod Graves  http://designmind.frogdesign.com/
During our 60 minutes…

**Ways to learn more about the cultures of your patients**

No can do in 60 min…

- Learn CULTURALLY-SPECIFIC information about your patients’ many cultures
- Discuss the many challenges of LANGUAGE INTERPRETATION
- Make cross-cultural interactions EASY
Whet your appetite for Day 4…

**Interviewing**

Renee Simmons-Wilkins

**Working with Interpreters**

Stephanie Spencer

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**Culture & Disease: In the news…**

![New York Times Article](image)
Culture & Disease: In the news…

“Norwegians fear disease from refugees”
https://www.thelocal.no/20150924/norwegians-fear-disease-from-refugees

“Health scare in Denmark as refugees bring back diphtheria after 20-year absence”

Percentage of TB Cases Among Foreign-born Persons, United States*

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<th>2004</th>
<th>2014</th>
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<td>&gt;50%</td>
<td></td>
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<tr>
<td>25%–49%</td>
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<tr>
<td>&lt;25%</td>
<td></td>
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<tr>
<td>No cases</td>
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*Updated as of June 5, 2015.
Countries of Birth of Foreign-born Persons Reported with TB, United States, 2014

- Mexico (21%)
- Philippines (12%)
- India (8%)
- Vietnam (8%)
- China (7%)
- Guatemala (3%)
- Haiti (3%)
- Other Countries 39%

Immigrants
Our patients also come from vulnerable SUB-POPULATIONS

substance users
Culture, Community, and TB Care

TB Case Management and Contact Investigation Intensive
November 1-4, 2016
Curry International Tuberculosis Center

homeless

incarcerated
Which **CULTURES** do your patients represent?

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**What is Culture?**

Culture is a group's **design for living**; its assumptions about the world, about **other people** and the **meaning of life**, about what is **right and wrong**.
What is Culture?

Culture is the **integrated pattern of human behavior** that includes **thought, speech, action,** and **artifacts.**

What is Culture?

Culture takes into account the **customary beliefs, social norms,** and **material traits** typical of a population or community **at a given time.**
Cultural identity can be based on...

...geography

...language

...ethnicity

Cultural identity can be based on...

...religion
Cultural identity can be based on...

...socio-economic status

Cultural identity can be based on...

...interests
“Cultural Competence”

“Cultural Humility”

“Cultural Sensitivity”

“Cultural Proficiency”

What is Cultural Competence?

A set of behaviors, attitudes, and policies that enable us to work effectively in cross-cultural situations.
Cultural Humility

I am sensitive about the impact that culture can have on a situation; I am knowledgeable (or learning) about culture and its impact; I am skillful at managing that impact; and I realize that cultural competence is a lifelong pursuit.

Before we focus on the “other”…
RECOGNIZE:
my own cultural identities

Share with your partner:
1 cultural identity that applies to you.

Discuss with your partner:
- Could this cultural identity impact my interactions with patients?
- If so, what might the impact be?
Cultural Challenges in your program (worksheet)
Learning more about my patients’ cultures…

General info about Culture X

Health info about Culture X

TB and Culture X
How can we learn more about Culture X?

- Google (with a grain of salt)
- RTMCC and CDC materials
- Ethnomed; The Cross Cultural Health Care Program
- Other health programs that work with this culture
- Community agencies that work with this culture
- Movies, books, television from that culture
- Festivals, special events
- Wherever this group congregates (cafe, temple, park, etc.)
Culture, Community, and TB Care

20

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Country Guides
(free from the SE National TB Center)

19 countries to choose from
Download or order from:
http://sntc.medicine.ufl.edu/Products.aspx
Promoting Cultural Sensitivity: A Practical Guide for Tuberculosis Programs

*free downloads from the CDC Division of TB Elimination*

6 countries (Burma, China, Laos, Mexico, Somalia, Vietnam)
Download from:

Culturally-sensitive care is *patient-centered*

- Does your agency provide opportunities for community input?
- Does your agency value community feedback?
- Do the location and hours of your services meet community needs?
Transcribed patient materials

와 결핵에 대한 실상

**BCG는 무엇입니다?**

BCG는 "bacilli Calmette-Guerin" 백신의 약자입니다. BCG는 결핵을 방지하기 위해 주어집니다. 결핵이 흔히 있는 나라에서는, 많은 사람들이 BCG 백신을 받습니다. 미국에서는 자주 사용되지 않습니다. 저의 결핵 피부 검사가 양성인 것은 BCG 백신 때문입니다.

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Don’t assume literacy in *any* language

- Are your materials “literacy sensitive”?
- Are alternatives to written communication available?
Help your staff to understand the importance of culture and to avoid stereotyping

Thank you for all you do to help people to heal.
Resources for TB Care Across Cultures

Health-Related Cultural Information

The Cross Cultural Health Care Program  http://www.xculture.org/
Cultural Clues  http://depts.washington.edu/pfes/CultureClues.htm
Diversity RX  http://www.diversityrx.org/
EthnoMed  http://ethnomed.org/
National Center for Cultural Competence (NCCC)  http://nccc.georgetown.edu/

TB-Specific Cultural Information

*Country Guides* (Brazil, Cambodia, China, Colombia, Dominican Republic, Ecuador, El Salvador, Guatemala, Haiti, Honduras, India, Indonesia, Mexico, Myanmar (Burma), Peru, Philippines, Somalia, South Korea, Vietnam)
Southeastern National Tuberculosis Center  http://sntc.medicine.ufl.edu/Products.aspx
*Ethnographic Guides* (Burma, China, Laos, Mexico, Somalia, Vietnam); CDC – Division of TB Elimination  http://www.cdc.gov/tb/publications/guidestoolkits/EthnographicGuides/default.htm
*TB & Cultural Competency Newsletters*; Rutgers Global Tuberculosis Institute  http://globaltb.njms.rutgers.edu/educationalmaterials/tbandculturalcompetency.html

Translated Patient Education TB Resources

EthnoMed  http://ethnomed.org/patient-education/tuberculosis
Harborview Medical Center, Seattle  https://healthonline.washington.edu/health_online/translations.asp
Minnesota Department of Health  http://www.health.state.mn.us/divs/idepc/diseases/tb/ed/index.html#language
TB Education and Training Resources (CDC)  http://www.findtbresources.org/

(Web addresses verified 10/13/16)